Leveraging the natural structure of adverse events for signal detection in randomised controlled trials: a review of statistical methods

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- **Signal detection:** in randomised controlled trials with efficacy-related primary outcomes, we analyse safety data with the aim to detect signals indicating that an adverse event could potentially be an adverse reaction (i.e. reasonable causal link with intervention).
- **Challenges**: achieving a delicate balance between inflated false positive rates, due to multiple testing, and high false negative rates, due to overly conservative adjustments on outcomes that trials were never powered on.

METHODS

- Scoping review of the methodological literature, with a systematic search of the Embase, MEDLINE, Scopus and Web of Science databases conducted in February 2023
- Extraction of methodological characteristics, review of analyses

• Aims of this work: identify all existing statistical methods leveraging the natural structures within the coding of adverse events (e.g. through the MedDRA hierarchy), an innovative strategy to increase power while managing multiplicities.

approaches, categorisation of the methods and narrative summary of the findings

Adverse event:

"any untoward medical

occurrence after exposure

to a medicine, which is

not necessarily caused by

that medicine" [1]

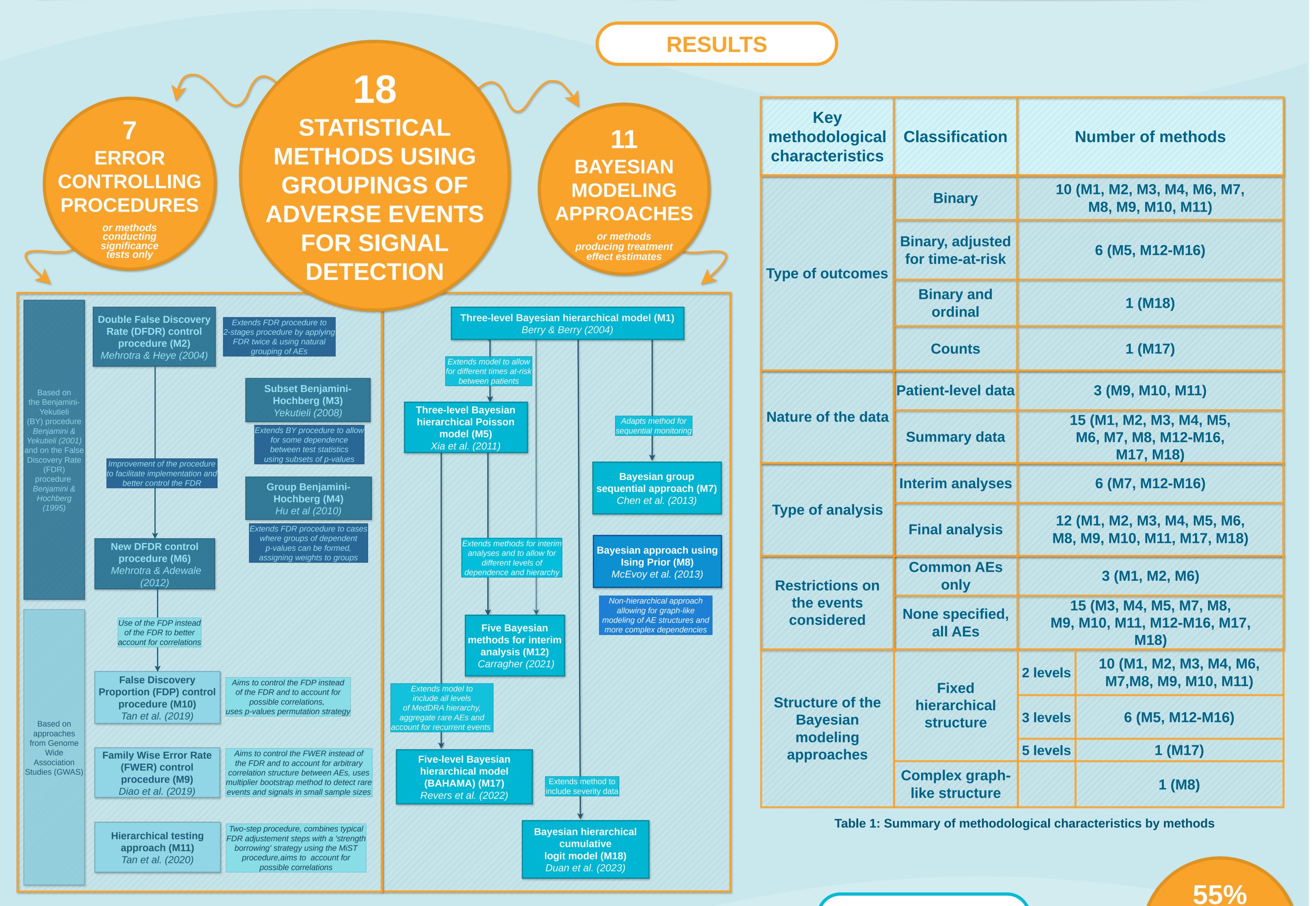


Fig. 1: Diagram representing families of methods and detailing how they relate to each other

OTHER RESULTS

- A majority of the methods (n=16) only used binary outcomes: it is common in adverse events analysis for the full extent of information collected not to be used
- Most methods were developed by **authors with affiliations to universities** only (n=11) or partly (n=7).
- Little comparability possible between simulations run across different sources to appraise methods

So you CAN do more with adverse events data than simple frequency tables!

More robust analysis approaches can help create a clearer picture of the safety profile of an intervention earlier and allow patients & clinicians to make more informed treatment decisions!

CONCLUSIONS

• A large number of existing methods making use of the natural structures within adverse events data were identified, with a **diversity of methodological** characteristics.

 Applied statisticians are faced with a large choice of different methods, but lack of evidence and guidance regarding their suitability for different scenarios.

- The rapid increase in methods development highlights a growing awareness that methodological improvements in this area are needed - but whether these advancements are adopted into practice has not yet been established.
- Further objective appraisals of these methods and development of guidance on optimal analysis approaches are needed to create effective change in practice.

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[1] European Medicines Agency.: Adverse event. Accessed 21st March 2024. Available from: https://www.ema.europa.eu/en/glossary/adverse-event.

of the 18

methods identified

were published

since 2019